ADULT RELEASE OF LIABILITY, ASSUMPTION OF RISK & MEDIA CONSENT

1. ACKNOWLEDGMENT & ASSUMPTION OF RISK

I understand that participation in Taekwondo training, including Taekwondo instruction, conditioning, stretching, drills, sparring, demonstrations, and belt testing, involves inherent risks of physical injury. These risks may include slips, trips, falls, physical contact, sprains, strains, bruises, cuts, fractures, and other injuries. I voluntarily assume all risks associated with participation.

2. VOLUNTARY PARTICIPATION & HEALTH CONFIRMATION

I confirm that I am voluntarily participating and am physically and medically able to engage in Taekwondo training. I understand it is my responsibility to consult a physician if I have concerns.

3. RELEASE & WAIVER OF LIABILITY

To the fullest extent permitted by law, I release and waive all claims against ANIKA TAE KWON DO (ATKD), its owners, instructors, staff, volunteers, and representatives for any injury, loss, or damage arising from participation, including those resulting from ordinary negligence.

4. INDEMNIFICATION

I agree to indemnify and hold harmless ANIKA TAE KWON DO (ATKD) from any claims or legal expenses arising from my participation in training or events.

5. MEDICAL AUTHORIZATION

In an emergency, I authorize ANIKA TAE KWON DO (ATKD) to obtain emergency medical treatment for me if necessary. I accept full responsibility for any related costs.

6. MEDIA, PHOTO & VIDEO RELEASE

I grant permission for photographs or video recordings of me to be used for promotional, educational, or instructional purposes. No compensation will be provided. Initial here to opt out: _____

7. GOVERNING LAW

This Agreement shall be governed by and interpreted in accordance with the laws of the Province of New Brunswick, Canada.

8. FULL UNDERSTANDING & CONSENT

I confirm that I have read and fully understand this Agreement and am signing it freely and voluntarily.

Participant Name: _____

Signature: _____

Date: _____

Phone: _____

Email: _____